

## **Clinical severity of COVID-19 patients admitted to hospitals during the Omicron wave in South Africa**

Waasila Jassat<sup>1,2</sup>, Salim S Abdool Karim<sup>3,4</sup>, Caroline Mudara<sup>1</sup>, Richard Welch<sup>1</sup>, Lovelyn Ozougwu<sup>1</sup>, Michelle J. Groome<sup>1,5</sup>, Nevashan Govender<sup>1</sup>, Anne von Gottberg<sup>1,5</sup>, Nicole Wolter<sup>1,5</sup>, Milani Wolmarans<sup>6</sup>, Petro Rousseau<sup>6</sup>, DATCOV author group, Lucille Blumberg<sup>1,2\*</sup>, Cheryl Cohen<sup>1,7\*</sup>

<sup>1</sup> National Institute for Communicable Diseases (NICD) of the National Health Laboratory Service (NHLS), Johannesburg, South Africa

<sup>2</sup> Right to Care, Centurion, South Africa

<sup>3</sup> Centre for the AIDS Programme of Research in South Africa (CAPRISA), Durban, South Africa

<sup>4</sup> Department of Epidemiology, Mailman School of Public Health, Columbia University, New York, USA

<sup>5</sup> School of Pathology, Faculty of Health Sciences, University of the Witwatersrand, Johannesburg, South Africa

<sup>6</sup> National Department of Health, Pretoria, South Africa

<sup>7</sup> School of Public Health, Faculty of Health Sciences, University of Witwatersrand, Johannesburg, South Africa

\*These authors contributed equally

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### **Corresponding author**

Waasila Jassat

Division of Public Health Surveillance and Response

National Institute for Communicable Diseases

1 Modderfontein Road

Sandringham

Email: [waasilaj@nicd.ac.za](mailto:waasilaj@nicd.ac.za)

## ABSTRACT

**Background:** Clinical severity of patients hospitalised with SARS-CoV-2 infection during the Omicron (fourth) wave was assessed and compared to trends in the D614G (first), Beta (second), and Delta (third) waves in South Africa.

**Methods:** Weekly incidence of 30 laboratory-confirmed SARS-CoV-2 cases/100,000 population defined the start and end of each wave. Hospital admission data were collected through an active national COVID-19-specific surveillance programme. Disease severity was compared across waves by post-imputation random effect multivariable logistic regression models. Severe disease was defined as one or more of acute respiratory distress, supplemental oxygen, mechanical ventilation, intensive-care admission or death.

**Results:** 335,219 laboratory-confirmed SARS-CoV-2 admissions were analysed, constituting 10.4% of 3,216,179 cases recorded during the 4 waves. In the Omicron wave, 8.3% of cases were admitted to hospital (52,038/629,617) compared to 12.9% (71,411/553,530) in the D614G, 12.6% (91,843/726,772) in the Beta and 10.0% (131,083/1,306,260) in the Delta waves ( $p < 0.001$ ). During the Omicron wave, 33.6% of admissions experienced severe disease compared to 52.3%, 63.4% and 63.0% in the D614G, Beta and Delta waves ( $p < 0.001$ ). The in-hospital case fatality ratio during the Omicron wave was 10.7%, compared to 21.5%, 28.8% and 26.4% in the D614G, Beta and Delta waves ( $p < 0.001$ ). Compared to the Omicron wave, patients had more severe clinical presentations in the D614G (adjusted odds ratio [aOR] 2.07; 95% confidence interval [CI] 2.01-2.13), Beta (aOR 3.59; CI: 3.49-3.70) and Delta (aOR 3.47; CI: 3.38-3.57) waves.

**Conclusion:** The trend of increasing cases and admissions across South Africa's first three waves shifted in Omicron fourth wave, with a higher and quicker peak but fewer admitted patients, who experienced less clinically severe illness and had a lower case-fatality ratio. Omicron marked a change in the SARS-CoV-2 epidemic curve, clinical profile and deaths in South Africa. Extrapolations to other populations should factor in differing vaccination and prior infection levels.

## INTRODUCTION

The fifth SARS-CoV-2 variant of concern, Omicron (B.1.1.529 lineage), was first publicly announced in South Africa on 25 November 2021 (1). Within days, Omicron led to a resurgence of SARS-CoV-2 cases in South Africa and several other countries (2).

Genomic sequencing revealed that 86% (n=1,353) and 99% (n=1,361) of sequenced SARS-CoV-2 samples nationally in South Africa were Omicron in November and December respectively (3). The proportion of ThermoFisher TaqPath COVID-19 real-time reverse transcription polymerase chain reaction (rRT-PCR) positive tests with S-gene target failure, a marker of Omicron (4), was 2% (n=11), 95% (n=10,536) and 98% (n=19,174) in October, November and December respectively (5). Phylogenetic surveillance showed that the predominant variants (>90% of viral sequences) during South Africa's first, second and third waves were the ancestral strain with a D614G mutation, Beta and Delta respectively (3).

The mutations identified in Omicron suggested that it would likely be highly transmissible with immune escape but provided no indication on whether it would have a different clinical severity profile compared to previous variants (1). Clinical severity of COVID-19 is influenced by several factors besides virulence of the viral variant, including age, sex, race, co-morbidities, vaccination status, immunity from previous SARS-CoV-2 infection and early therapy/prophylaxis.

The South African COVID-19 vaccination programme began with healthcare workers from February 2021. It subsequently expanded to adults older than 60 years in May 2021 and then progressively over time to other age groups until adolescents 12-17 years were included in mid-October 2021. As a result, vaccination coverage was low during the Delta wave but by 17 November 2021 before the Omicron wave started, 35% of South Africa's adult population were fully vaccinated with either two doses of BNT162b2 or one dose of Ad26.CoV2.S vaccine (8). A third dose of BNT162b2 and a second dose of Ad26.CoV2.S only became available at the tail end of the Omicron wave. Further, a substantial number of people have been infected with SARS-CoV-2 during each wave. SARS-CoV-2 seroprevalence was 47% in blood donors in South Africa after the second wave (6), and 73% in a community-based survey in Gauteng province after the third wave (7). Early treatment with Remdesivir or monoclonal antibodies is not widely available and is infrequently used in South Africa.

We assessed the clinical severity of patients hospitalised with laboratory-confirmed SARS-CoV-2 infection during the Omicron wave and whether it differed from the D614G, Beta and Delta waves in South Africa.

## METHODS

Data on real-time reverse transcription polymerase chain reaction (rRT-PCR) and antigen positive SARS-CoV-2 cases were collated daily from laboratory reports (9) while data on COVID-19 hospital admissions were collected through DATCOV, an active surveillance programme established specifically for COVID-19 (10). Secondary data analysis was conducted using the DATCOV national hospital surveillance database between 5 March 2020 and 22 January 2022. DATCOV surveillance collects data on all individuals with a positive SARS-CoV-2 rRT-PCR test or antigen test, with a confirmed duration of stay in hospital of one full day or longer, regardless of reason for admission. This included patients who had COVID-19 symptoms, were admitted for isolation, acquired nosocomial COVID-19 infection, or tested positive incidentally when admitted for other reasons. Incidental positive SARS-CoV-2 tests have been noted to occur mainly during the initial period when cases are rising in all four waves in South Africa. Some of the patients admitted in a wave may have been admitted in the previous waves; these repeat admissions (more than 90 days after the first positive SARS-CoV-2 test) were included in the analysis. Incidence risks were calculated using Statistics South Africa mid-year population figures for 2020 (11).

The wave periods were defined from the week the country crossed a weekly incidence risk of 30 cases per 100,000 persons at the start and end of the waves (12)(13). The Omicron-dominated wave crossed the weekly incidence risk threshold in the last week of November 2021. The start of each of these four wave periods selected also correlated with the majority of cases being due to the D614G, Beta, Delta and Omicron variants respectively (3). The full wave periods were included for all four waves.

- Wave 1: week 24 (2020)- week 34 (2020) (7 June-22 August 2020; 76 days)
- Wave 2: week 47 (2020)- week 5 (2021) (15 November 2020-6 February 2021; 83 days)
- Wave 3: week 19 (2021)- week 37 (2021) (9 May-18 September 2021; 132 days)
- Wave 4: week 47 (2021)- week 3 (2022) (21 November 2020-22 January 2022; 62 days)

Analysis of severity was restricted to admissions that had already accumulated outcomes and all patients still in-hospital or transferred to other hospitals without final outcomes were excluded, because they remained at risk of still developing severe outcomes including death. Descriptive statistics were used to describe the trends in cases, admissions, severe disease and death over the equivalent periods of the D614G (first), Beta (second), Delta (third) and Omicron (fourth) waves.

Post-imputation random effect (on admission facility) multivariable logistic regression models were used to compare severe disease between the waves. To account for incomplete or missing data on selected variables, we used multivariate imputation by chained equation (MICE) and generated ten complete imputed datasets that were used for subsequent analyses. Variables analysed using MICE included race and comorbidities, where up to a third of the data were missing. Complete or near-

complete variables included in the imputation process were age, sex, province, health sector (i.e. public or private), severity and in-hospital outcome (i.e. discharged alive or died).

Severe disease was defined as one or more of the following: development of acute respiratory distress syndrome, receipt of oxygen or invasive mechanical ventilation, treatment in high-care or intensive-care units (ICUs) or death, using a modified definition based on the recommendations from the World Health Organization (WHO) Clinical Platform External Clinical Advisory Group (14). Age, sex, race, presence of a comorbidity (which included hypertension, diabetes, chronic cardiac disease, chronic kidney disease, asthma/chronic pulmonary disease, malignancy, HIV or tuberculosis), type of health sector (private or public) and province were included in the model to assess the relationship between each wave period and severity in SARS-CoV-2 positive patients admitted to hospital. The presence of obesity, while important, was excluded from the analysis due to poor completeness of this variable. The statistical analysis was implemented using Stata 15 (Stata Corp®, College Station, Texas, USA). We followed STROBE guideline recommendations.

## RESULTS

South Africa experienced four distinct waves of SARS-CoV-2 infections, with approximately three-month periods of low transmission between each wave (Figure 1). The 7-day moving average of daily cases had a peak that was higher in each successive peak of the four waves. While the wave duration increased across the first three waves, it declined in the fourth wave. The number of SARS-CoV-2 positive cases identified during each wave was 553,530, 726,772, 1,306,260 and 629,617 in the D614G, Beta, Delta and Omicron waves respectively (Table 1). Unlike the pattern observed in the prior waves, the rise in cases during the Omicron wave was not accompanied by a concomitant rise in hospital admissions (Figure 1); instead the peak in admissions was lower and of shorter duration. The percent of cases admitted was 12.9% (71,411/553,530) during the D614G wave, 12.6% (91,843/726,772) during the Beta wave and 10.0% (131,083/1,306,260) during the Delta wave compared to 8.3% (52,038/629,617) during the Omicron wave ( $p < 0.001$ ).

For the Omicron wave, clinical outcomes were known for 88.3% of the 52,038 SARS-CoV-2 positive patients admitted to hospital as of 22 January 2022; the remainder were still in hospital and did not yet have a documented in-hospital outcome. (Outcomes were unknown for 1.4% (987/71,411), 1.7% (1,533/91,843) and 1.9% (2,525/131,803) of patients admitted in the D614G, Beta and Delta waves.) In patients with known clinical outcomes, 52.3% (36,837/70,424) in the D614G wave, 63.4% (57,247/90,310) in the Beta wave and 63.0% (81,040/128,558) in the Delta wave compared to 33.6% (15,421/45,927) in the Omicron wave met the criteria for severe disease ( $p < 0.001$ ) (Table 2). The proportion of patients requiring supplemental oxygen was lower during the Omicron wave (10,565/45,927; 23.0%) compared to the D614G (25,890/70,424; 36.8%), Beta (43,235/90,310; 47.9%) and Delta (61,318/128,558; 47.7%) waves ( $p < 0.001$ ) (Figure 2). Median hospital stay was

lower in the Omicron wave, 4 days [IQR 2-8 days], compared to 6 days [IQR: 3-11], 6 days [IQR: 3-10], 6 days [IQR: 3-11] in the D614G, Beta and Delta waves respectively ( $p < 0.001$ ) (Table 2). The in-hospital case fatality ratio during the Omicron wave (Table 1) was 10.7%, compared to 21.5%, 28.8% and 26.4% in the D614G, Beta and Delta waves respectively ( $p < 0.001$ ).

Children and adolescents aged  $< 20$  years constituted 14.3% (7,467/52,038) of total admissions in the fourth wave, compared to 3.3% (2,362/71,411), 3.0% (2,801/91,843), and 5.5% (7,156/131,083) in the D614G, Beta and Delta waves. In children  $< 5$  years, 25.4% (3,568/14,050) of laboratory-confirmed cases were admitted in the Omicron wave compared to 14.7% (2,797/19,019) in the Delta wave, but the number of children  $< 5$  years hospitalised was similar in both waves and were in turn higher than the number of children hospitalised in the D614G and Beta waves (Table 1). The proportion of hospitalised individuals aged  $< 5$  years who had severe disease was lower in the Omicron wave (627/3,242; 19.3%) compared to the D614G (198/798; 24.8%), Beta (362/1,249; 29.0%), and Delta (767/2,732; 28.1%) waves ( $p < 0.001$ ).

On multivariable analysis, compared to patients admitted in the Omicron wave, patients were more likely to have severe disease if admitted in the D614G wave (adjusted odds ratio [aOR] 2.07; 95% confidence interval [CI] 2.01-2.13), Beta wave (aOR 3.59; CI 3.49-3.70) and Delta wave (aOR 3.47; CI 3.38-3.57) (Table 3). Other factors associated with severe disease in this patient population were older age, male sex, Indian compared to white race, presence of a comorbidity and the province of admission.

## DISCUSSION

The Omicron wave had a lower proportion of SARS-CoV-2 cases admitted to hospital while those admitted had shorter hospital stays and less severe illness, with fewer requiring oxygen or intensive care treatment compared to the D614G, Beta or Delta waves in South Africa. Both disease severity and in-hospital case fatality ratio were at least 2-fold higher in the three previous waves compared to the Omicron wave. The change in disease severity was more marked in adults than children.

The number of adults aged  $\geq 20$  years admitted to hospital was substantially lower in the Omicron wave compared to past waves leading to lower clinical burdens in health care services. The patients admitted during the Omicron wave placed less demand on oxygen supplies, ventilators and ICU beds than patients in the previous waves. Early reports from other countries also suggest reduced severity among hospital admissions in the Omicron wave (15,16).

The admission rate was higher in the largely unvaccinated  $< 20$  years age group, especially in children aged  $< 5$  years, in the Omicron wave compared to the first three waves. However, the admitted children  $< 5$  years had less severe illness in the Omicron wave compared to the first three waves.

Early reports from the United Kingdom also indicate an increased admission rate but decreased severity among children in the Omicron wave (17). Possible reasons for the higher admission rate in children could be that higher transmissibility led to more infections in children, more incidental infection amongst children admitted for other reasons, or their lower rates of prior infection (7) and/or vaccination (8).

The lower admission rates and less severe infections in admitted patients during the Omicron wave are most likely to be due to a combination of a less virulent virus, immunity from vaccination and prior infection(s), especially the large numbers of vaccinated individuals who had prior infection and so have "hybrid immunity" (18). Tissue-based studies showed that Omicron infects the cells of the bronchus more efficiently but alveolar cells of the lungs less efficiently than the Delta variant (19,20). The lower virulence of Omicron has also been demonstrated in animal models; mice have less severe disease with Omicron (21-23). The lower virulence of Omicron, which at least partially accounts for the less severe infections observed in the Omicron waves in several countries, could be contributing to its higher infection rates as infectious individuals remain clinically well and mobile thereby continuing to spread the virus within the community. The higher efficiency of upper airway infection may lead to children becoming symptomatic more often due to their smaller airways becoming more readily congested.

Reinfections with Omicron in those with prior infection are high (25). While prior infection may not prevent symptomatic breakthrough infection, it may generate T-cell responses that provide protection from severe disease (26,27), thereby contributing, at least partially to the observed high infection rate but lower severity with Omicron. South Africa experienced a particularly severe wave of Delta infection leading to a large increase in seroprevalence following the Delta-driven third wave. If prior infection with the Delta variant specifically provides some T-cell immunity that protects against severe disease from Omicron infection, this could be a contributor to, the less severe infections observed in the Omicron-driven fourth wave.

While SARS-CoV-2 vaccine effectiveness in preventing symptomatic infection has been impacted by variants (28), vaccines remain effective in reducing the risk of severe disease (29), including against Omicron (30). Since vaccination coverage was higher before the Omicron wave in individuals aged above 60 years (58%), it may have made an important contribution to the lower severity of Omicron infections, especially in the elderly. But vaccination cannot fully account for the markedly lower numbers of severe infections in 20-39 year-old individuals, as less than a quarter of this age group was vaccinated. Further, since vaccinations started only in mid-2021 in South Africa, a substantial number of vaccinated individuals have hybrid immunity which retains higher Omicron neutralisation than vaccination alone (31).

One of the limitations of this study is that clinical outcomes are not known for 11% of patients in the Omicron wave as it ended at the time of analysis and some patients are still in hospital. As clinical

outcomes have varied little over the course of the Omicron wave, it is not anticipated that these results will change substantially when the outstanding clinical outcomes are added. Additionally, testing strategies for determining cases have changed over time, though most testing during the waves has focused on testing those with symptoms and those with exposure. While the criteria for hospital admission with Covid-19 may have changed over time, they have been minimal over the last six months when both the Delta and Omicron waves occurred.

This study has some data limitations as well. Firstly, disease severity relies on clinical parameters like oxygen and ventilation treatment and not laboratory parameters, although oxygen is usually initiated based on an objectively measured oxygen saturation. Secondly, the incompleteness of reporting in DATCOV and missing values in some patient data may under-estimate severity, but the completeness of reporting is unlikely to have changed substantially over the four waves. Thirdly, while the dataset did not have individual-level data on infecting lineage for cases included in this analysis, each of the four waves included in this study had a predominant variant that allows for wave period to be used as a proxy for dominant variant. During the fourth wave, genomic sequencing as well as S-gene target failure showed that over 95% of circulating viruses were Omicron. Fourthly, DATCOV contains incomplete data on prior SARS-CoV-2 infection and vaccination status, which limits exploration at individual patient level of their potential roles in lower disease severity observed. Infection and re-infection are substantially under-ascertained due to the high proportion of asymptomatic infections, especially in the large number of young people in South Africa. Data on COVID-19 hospital admissions are collected at health service level by clinicians and nurses and contains limited data on self-reported vaccination status; vaccination data is collected in a different system and linkage of the two data systems is still underway. This limitation has highlighted the need for the creators of the different surveillance datasets to ensure compatibility and potential for integration.

## **CONCLUSION**

The trend of increasing cases and admissions across South Africa's first three waves shifted in the Omicron fourth wave. The Omicron wave was characterised by a higher and quicker peak but fewer admitted patients, who experienced less clinically severe illness and had a lower case-fatality ratio. Omicron marked a change in the SARS-CoV-2 epidemic curve, clinical profile and deaths in South Africa. Early reports from several other countries also indicate less severe disease with Omicron, despite the differences in population structure, co-morbidity prevalence, prevalence of prior infection and vaccination coverage. Since each of the five variants of concern have evolved independently of each other, it remains speculative in the absence of data as to whether the next variant will follow the trend of greater severity seen progressively with the first three waves or follow the low severity observed with Omicron. Data from a well-developed surveillance system for variant identification and

hospital admissions is essential as part of pandemic preparedness to rapidly investigate the impact of new SARS-CoV-2 variants and viruses causing future pandemics.

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### **CONTRIBUTORSHIP**

WJ, SSAK, CM contributed to literature search. WJ, LB, CC, LO, CM contributed to study design and refining methods of analysis. CM, WJ, SSAK and RW contributed to data analysis, and creation of tables and figures. WJ, SSAK, CC and CM contributed to data interpretation and initial draft. WJ and SSAK drafted the initial manuscript and all other co-authors contributed scientific inputs equally towards the interpretation of the findings and the final draft of the manuscript. WJ, CM, RW and LO have verified the underlying data.

### **DATA SHARING AGREEMENT**

The dataset analysed for the manuscript is available upon reasonable request. The data dictionary is available at request to the corresponding author: [waasilaj@nicd.ac.za](mailto:waasilaj@nicd.ac.za)

### **DECLARATION OF INTEREST**

The authors declare that there are no conflicts of interest.

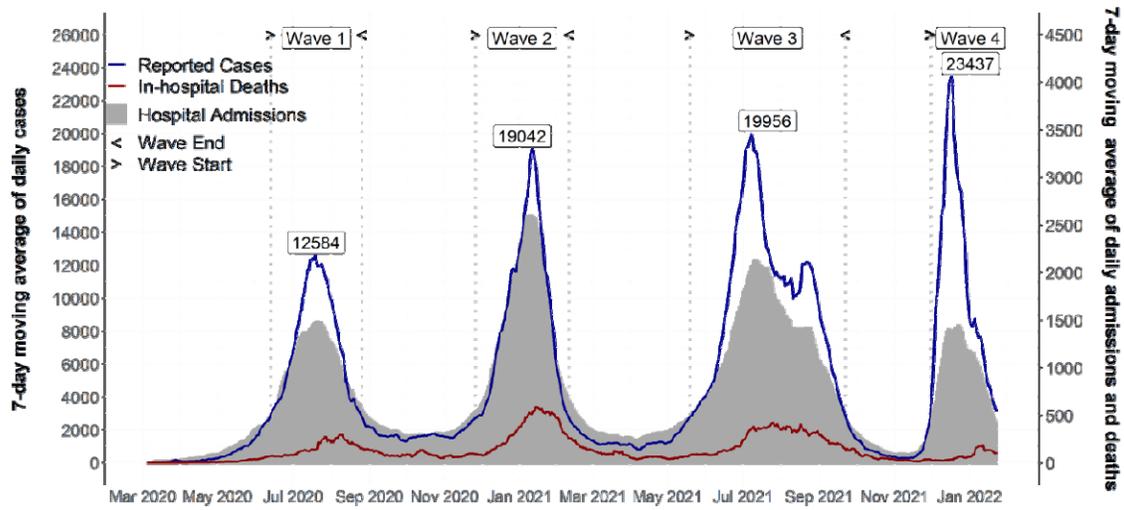


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**Figure 1:** 7 day moving average of SARS-CoV-2 cases, COVID-19 admissions and in-hospital deaths in South Africa, 5 March 2020-22 January 2022.

**Table 1:** Summary of SARS-CoV-2 cases, COVID-19 admissions and in-hospital deaths in the D614G (7 June-22 Aug 2020), Beta (15 Nov 2020-6 Feb 2021), Delta (9 May-18 Sep 2021) and Omicron waves (21 Nov 2021-22 Jan 2022), South Africa

Variant wave	Number of SARS-CoV-2 positive cases	Incidence of SARS-CoV-2 positive cases per 100,000 persons	Percent (Number) of cases admitted to hospital	Percent (Number) of admitted cases with an outcome who died in hospital (n)
All ages (population 59,622,350; fully vaccinated 25.0% <sup>†</sup> )				
D614G	553530	928.4	12.9 (71411) *	21.5 (15144) *
Beta	726772	1219.0	12.6 (91843) *	28.8 (26032) *
Delta	1306260	2190.9	10.0 (131083) *	26.4 (33947) *
Omicron	629617	1056.0	8.3 (52038)	10.7 (4907)
Age ≤5 years (population 5,743,450, fully vaccinated 0%)				
D614G	6280	109.3	12.9 (812) *	5.1 (41) *
Beta	8522	148.4	15.1 (1284) *	4.5 (56) *
Delta	19019	331.1	14.7 (2797) *	4.0 (109) *
Omicron	14050	244.6	25.4 (3568)	2.1 (67)
Age 6-19 years (population 16,082,084, fully vaccinated 1.5% <sup>†</sup> )				
D614G	41829	260.1	3.7 (1550) *	3.9 (59) *
Beta	56873	353.6	2.7 (1517) *	4.8 (70) *
Delta	188689	1173.3	2.3 (4359) *	2.9 (121) *
Omicron	68778	427.7	5.7 (3899)	1.8 (62)
Age 20-39 years (population 20,684,164; fully vaccinated 22.9% <sup>†</sup> )				
D614G	223169	1078.9	6.7 (15039) *	7.1 (1051) *
Beta	271440	1312.3	5.8 (15658) *	10.3 (1581) *
Delta	483252	2336.3	5.0 (24241) *	9.3 (2193) *
Omicron	273902	1324.2	6.2 (17027)	4.3 (649)
Age 40-59 years (population 11,686,162; fully vaccinated 46.0% <sup>†</sup> )				
D614G	208211	1781.7	14.2 (29504) *	16.9 (4933) *
Beta	258981	2216.1	13.9 (35958) *	23.1 (8182) *
Delta	437093	3740.3	11.2 (48909) *	23.1 (11097) *
Omicron	188486	1612.9	6.5 (12259)	11.2 (1199)
Age ≥60 years (population 5,426,490; fully vaccinated 57.8% <sup>†</sup> )				
D614G	74041	1364.4	33.1 (24506) *	37.5 (9266) *
Beta	130956	2413.3	28.6 (37426) *	43.9 (16469) *
Delta	178207	3284.0	28.5 (50777) *	40.9 (20872) *
Omicron	84401	1555.4	18.1 (15285)	22.2 (2008)

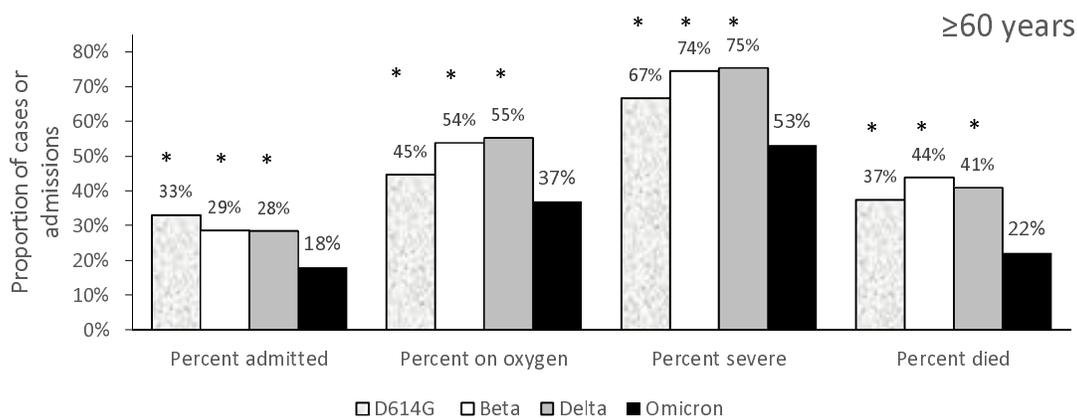
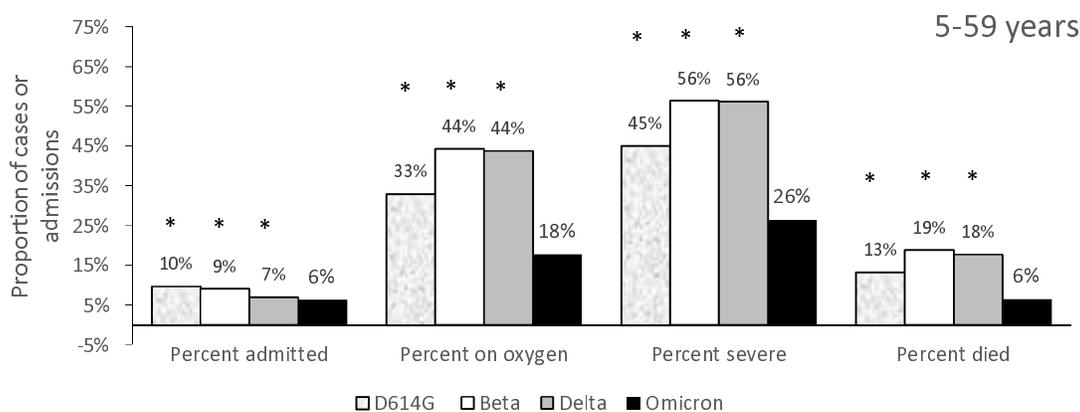
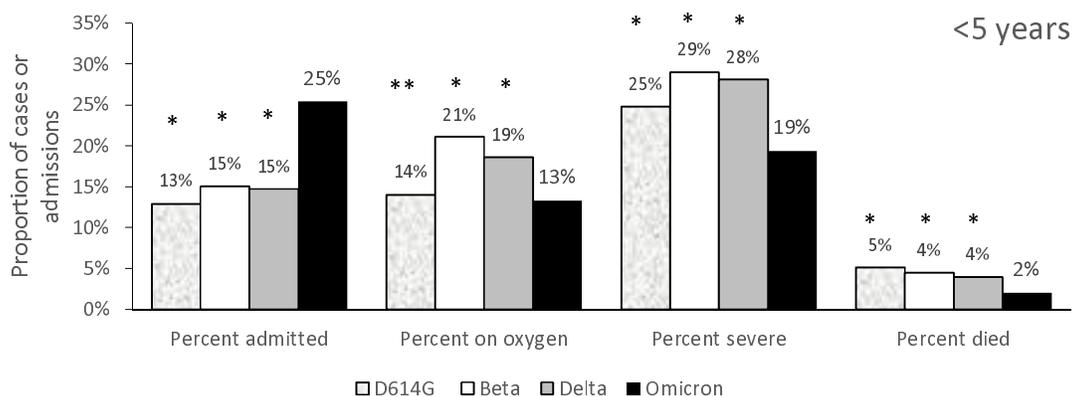
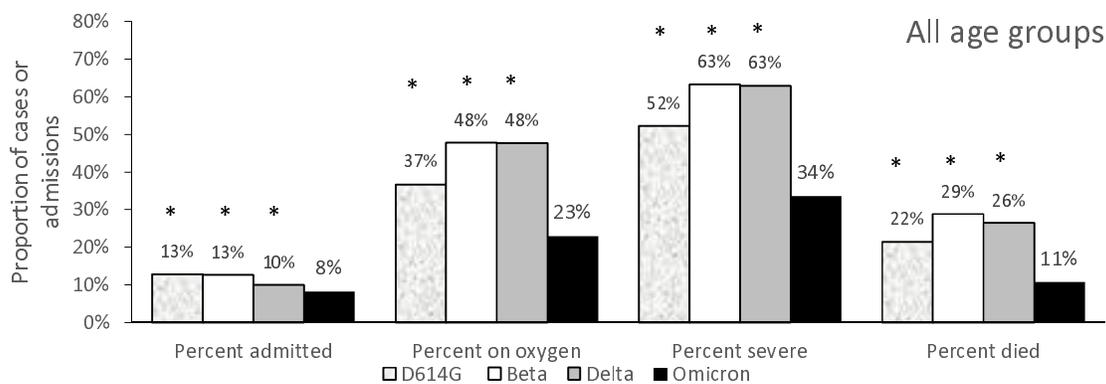
<sup>†</sup> Vaccination coverage data for Omicron wave is from 14 November 2021 (National Department of Health. Latest Vaccine Statistics. <https://sacoronavirus.co.za/latest-vaccine-statistics/>)

\* p<0.001 comparing Omicron wave to the D614G, Beta and Delta waves

**Table 2:** Indicators of disease severity among SARS-CoV-2 positive cases admitted in the D614G (7 June-22 Aug 2020), Beta (15 Nov 2020-6 Feb 2021), Delta (9 May-18 Sep 2021) and Omicron waves (21 Nov 2021-22 Jan 2022), South Africa

Variant wave	Number of cases admitted to hospital with known outcome	Median length of stay in days (IQR)	Percent (Number) of admitted cases who received supplemental oxygen (n)	Percent (Number) of admitted cases who were treated in ICU (n)	Percent (Number) of admitted cases who had severe disease (n)
All ages					
D614G	70424	6 (3-11) *	36.8 (25890) *	15.8 (11125) *	52.3 (36837) *
Beta	90310	6 (3-10) *	47.9 (43235) *	12.8 (11597) *	63.4 (57247) *
Delta	128558	6 (3-11) *	47.7 (61318) *	14.6 (18812) *	63.0 (81040) *
Omicron	45927	4 (2-8)	23.0 (10565)	6.3 (2872)	33.6 (15421)
Age <5 years					
D614G	798	4 (2-8) *	14.0 (112) **	9.1 (73) *	24.8 (198) *
Beta	1249	4 (2-8) *	21.1 (263) *	7.8 (97) *	29.0 (362) *
Delta	2732	3 (2-6) *	18.6 (509) *	6.7 (184) *	28.1 (767) *
Omicron	3242	3 (2-5)	13.3 (432)	3.9 (127)	19.3 (627)
Age 5-19 years					
D614G	1529	5 (2-9) *	13.1 (200) *	7.1 (108) *	20.8 (318) *
Beta	1471	4 (2-9) *	20.9 (308) *	5.4 (80) *	29.0 (427) *
Delta	4212	5 (2-9) *	18.2 (768) *	4.9 (206) *	25.1 (1056) *
Omicron	3503	3 (2-5)	11.0 (384)	3.4 (118)	16.9 (593)
Age 20-39 years					
D614G	14809	5 (2-10) *	22.5 (3330) *	8.7 (1293) *	31.5 (4672) *
Beta	15361	5 (3-9) *	34.4 (5290) *	7.7 (1177) *	42.6 (6547) *
Delta	23700	5 (3-9) *	32.2 (7641) *	8.7 (2059) *	41.0 (9718) *
Omicron	15259	3 (2-7)	13.9 (2121)	3.3 (502)	21.0 (3202)
Age 40-59 years					
D614G	29120	7 (4-11) *	39.3 (11441) *	17.0 (4937) *	53.3 (15515) *
Beta	35426	6 (4-10) *	49.6 (17574) *	14.9 (5290) *	63.5 (22508) *
Delta	48010	7 (4-11) *	51.7 (24817) *	17.8 (8553) *	66.3 (31854) *
Omicron	10703	5 (2-8)	25.5 (2728)	6.8 (723)	37.1 (3975)
Age ≥60 years					
D614G	24168	7 (3-13) *	44.7 (10807) *	19.5 (4714) *	66.8 (16134) *
Beta	36803	6 (3-11) *	53.8 (19800) *	13.5 (4953) *	74.5 (27403) *
Delta	49904	7 (4-12) *	55.3 (27583) *	15.7 (7810) *	75.4 (37645) *
Omicron	13220	5 (3-9)	37.1 (4900)	10.6 (1402)	53.1 (7024)

\* p<0.001; \*\* p>0.05 comparing Omicron wave to the D614G, Beta and Delta waves



**Figure 2:** Percent of cases admitted, percent of admissions who received supplementary oxygen, with severe disease, and in-hospital deaths, for individuals of all ages (**Figure 2a**), <5 years (**Figure 2b**), 6-59 years (**Figure 2c**) and  $\geq 60$  years (**Figure 2d**) in the D614G (7 June-22 Aug 2020), Beta (15 Nov 2020-6 Feb 2021), Delta (9 May-18 Sep 2021) and Omicron waves (21 Nov 2021-22 Jan 2022), South Africa.

\*  $p < 0.001$ ; \*\*  $p > 0.05$  comparing Omicron wave to the D614G, Beta and Delta waves

**Table 3.** Factors associated with severe disease among SARS-CoV-2 positive hospitalised patients in the D614G (7 June-22 Aug 2020), Beta (15 Nov 2020-6 Feb 2021), Delta (9 May-18 Sep 2021) and Omicron waves (21 Nov 2021-22 Jan 2022), South Africa. (univariate and multivariable analysis implemented on the imputed dataset) (N=335,219)\*

Characteristic	Proportion severe % (95% CI)	Unadjusted OR (95% CI)	Adjusted OR (95% CI)	p value
<b>Age group (years)</b>				
<20	23.2 (22.6-23.8)	Reference	Reference	
20-39	34.9 (34.6-35.3)	1.98 (1.90-2.07)	1.70 (1.63-1.78)	<0.001
40-59	59.9 (59.6-60.2)	5.99 (5.76-6.24)	4.12 (3.95-4.30)	<0.001
60+	71.1 (70.8-71.3)	10.33 (9.92-10.76)	7.17 (6.86-7.48)	<0.001
<b>Sex</b>				
Female	53.8 (53.6-54.1)	Reference	Reference	
Male	60.5 (60.3-60.8)	1.37 (1.35-1.39)	1.32 (1.30-1.34)	<0.001
<b>Race</b>				
White	68.3 (67.9-68.8)	Reference	Reference	
Mixed	50.8 (50.1-51.5)	1.68 (1.63-1.74)	0.99 (0.96-1.02)	0.445
Black	54.5 (54.2-54.7)	1.26 (1.21-1.32)	1.00 (0.96-1.05)	0.872
Indian	64.1 (63.2-65.0)	1.69 (1.61-1.77)	1.17 (1.11-1.23)	<0.001
Other	62.1 (58.4-65.8)	1.32 (1.10-1.58)	1.14 (0.94-1.39)	0.192
<b>Comorbid condition</b>				
No co-morbidity	50.5 (50.2-50.8)	Reference	Reference	
Co-morbid condition	62.2 (62.0-62.5)	2.24 (2.19-2.28)	1.51 (1.48-1.55)	<0.001
<b>Health sector</b>				
Private sector	60.6 (60.3-60.8)	Reference	Reference	
Public sector	53.3 (53.0-53.5)	1.14 (0.89-1.47)	0.80 (0.62-1.02)	0.076
<b>Province</b>				
Western Cape	42.1 (41.7-42.5)	Reference	Reference	
Eastern Cape	69.1 (68.6-69.7)	4.01 (2.66-6.03)	5.40 (3.59-8.14)	<0.001
Free State	67.8 (67.1-68.5)	3.62 (2.22-5.91)	4.83 (2.97-7.85)	<0.001
Gauteng	58.5 (58.2-58.7)	1.89 (1.28-2.78)	2.44 (1.66-3.61)	<0.001
KwaZulu-Natal	56.4 (56.0-56.8)	2.61 (1.75-3.88)	3.36 (2.26-4.99)	<0.001
Limpopo	65.6 (64.9-66.4)	5.54 (3.36-9.14)	6.96 (4.22-11.48)	<0.001
Mpumalanga	66.5 (65.7-67.2)	6.44 (3.75-11.04)	8.37 (4.90-14.30)	<0.001
North West	52.1 (51.4-52.8)	2.14 (1.17-3.92)	2.59 (1.42-4.71)	0.0018
Northern Cape	66.5 (65.3-67.7)	6.35 (3.15-12.77)	8.00 (4.00-16.01)	<0.001
<b>Wave period</b>				
Omicron	33.6 (33.1-34.0)	Reference	Reference	
D614G	52.3 (51.9-52.7)	2.67 (2.60-2.75)	2.07 (2.01-2.13)	<0.001
Beta	63.4 (63.1-63.7)	4.61 (4.48-4.73)	3.59 (3.49-3.70)	<0.001
Delta	63.0 (62.8-63.3)	4.21 (4.10-4.32)	3.47 (3.38-3.57)	<0.001

\* random effects multivariate logistic regression model controlling for clustering by facility

OR=Odds Ratio; CI=Confidence Interval